



## 2009 ATLANTA TRACK CLUB



# Track & Field Classic

TUESDAY, JUNE 23, 2009

All entries (online or paper) must be RECEIVED by Friday, June 19, 2009.

Online registration is available at [www.atlantatrackclub.org](http://www.atlantatrackclub.org) and closes Friday, June 19, 2009 at 11:59 p.m. EDT.

**Paper applications along with your payment, must be received by 5:00 p.m., Friday, June 19, 2009.**

<b>SANCTIONS:</b>	A USATF sanctioned event. USATF membership available at <a href="http://www.usatf.org">www.usatf.org</a> USATF registration is <b>not required</b> for each competitor.	 
<b>SITE:</b>	Emory University, Woodruff Physical Education Center Atlanta, Georgia 8-lane, 400 meter rekortan track (1/4" spikes max)	
<b>AGE DIVISIONS:</b>	Masters (age 40 & over) Men & women will compete in 5-year age groups through 95+. Open (20-39) Men & women will compete in one 10-year age division. Junior (19 & under) Men & women are only allowed to compete in the 3000 meter run.	
<b>ENTRY FEES:</b>	\$13 first event; \$2 each additional event. ATC members: Grand Prix 3000m, \$6. <b>MUST PRE-REGISTER.</b> You must be registered for the meet as an individual athlete to compete in any of the relay events. Relay events are free to all registered athletes.	
<b>DEADLINE:</b>	All entries must be received by Friday, June 19, 2009. Due to the complexities of coordinating the meet, <b>NO LATE ENTRIES</b> can be accepted. <b>NO EXCEPTIONS.</b>	
<b>AWARDS:</b>	Medals to first three places in age groups.	
<b>PACKET PICKUP:</b>	Emory University, track & field entrance (near shot put ring), beginning at 3:30 p.m.	
<b>PARKING:</b>	Peavine Parking Deck, Eagle Row behind Woodruff P.E. Center; fee may apply	

**EVENT AGE GROUP SEQUENCE:** Masters & Open Women, Masters Men 50 and Over, Masters Men 40-49, Open Men 39 and Under. Age groups and heats may be combined if insufficient entrants.

### TRACK EVENTS

SCHEDULE

5:00 pm	300/400m Hurdles
5:15 pm	1500m Race Walk
5:30 pm	4x100 Relay
5:40 pm	1 Mile Run
6:00 pm	100m
6:20 pm	80/100/110m Hurdles
6:40 pm	400m
6:55 pm	800m
7:15 pm	200m
7:45 pm	Open and Masters Women's 3000m Run <b>(ATC GP Event)</b>
8:10 pm	4x400m Relay
8:30 pm	Masters Men's 50 and Over 3000m Run <b>(ATC GP Event)</b>
8:50 pm	Masters Men's 40-49 3000m Run <b>(ATC GP Event)</b>
9:10 pm	Open Men's (39 and Under) 3000m Run <b>(ATC GP Event)</b>

### FIELD EVENTS

4:00 pm	High Jump
	Hammer (Discus to follow)
5:00 pm	Long Jump
	Javelin
6:00 pm	Pole Vault
6:30 pm	Triple Jump
7:00 pm	Shot Put

#### FIELD EVENT IMPLEMENT CERTIFICATION

All throwing implements must be certified one hour before competition. Check at the registration table for instructions. Height and distance between hurdles and weight of throwing equipment will be in accordance with WAVA/USATF hurdle and implement specifications.

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